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Things you can do to bring you closer to God



You might notice that when life is a struggle, it feels such a relief not to do some of the regular disciplines/habits of the Christian life.

How about you? Have you noticed any of the following?

Your personal time with God

Have you cut down/reduced any of the following?	Tick if this applies to you
1. Reading the Bible/using study notes or a Bible app	
2. Praying/talking with God	
3. Listening to God	
4. Planning quiet time / regular time with God	
5. Enjoying praise music/Christian radio or TV stations	
6. Praying with family members/close friends if usual for you	

If you have selected any of the responses, these would be **possible targets** for you to work on in order to feel better.

Personal reflection

If you have reduced or stopped any of those activities then reflect on the following questions.

Q. How are any changes affecting your sense of **closeness** to God and **awareness** of His Presence?

Q. How might it affect **opportunities for you to hear** God's encouragement and Word?

Q. **What advice would you give** a Christian friend who was noticing something similar?

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