

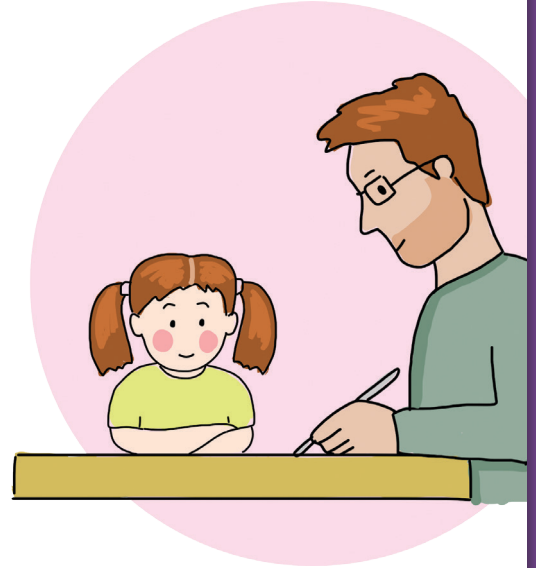
# Help your child write a letter to your dentist

Be clear about what you and your child are asking for.

Examples:

If my child gets upset, can I...

- Talk to them?
- Continue the examination while they sit on my knee?
- Ask for what you or they need?
- Ask you to stop?
- Ask a question?
- Cuddle them/Hold their hand?



Write in any other ideas here:

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Often dentists like to talk directly to the child. It shows they are interested, and builds a relationship. To help your dentist, tell them about your child so they can ask more.

My child likes -----

Sport - played or watched -----

The name of the school/nursery - or favourite teacher -----

Any trips out from school -----

Music - artist, group or track they love -----

Names of friends -----

Names of pets -----

Names of siblings -----

Where they went/are going on holiday -----